



Inventor: Annie McGee  
6850 S. Cockrell Hill #1514  
Dallas, TX 75236

## **Heavenly Mouthwash/Tongue Cleaner**

- 1/3 cup apple cider vinegar
- 2/3 cup water
- 1 tablespoon grated lemon rind

1. Gargle with mouthwash for 1 minute to loosen scum on teeth and tongue
2. Use tongue scraper to remove scum from the tongue
3. Brush teeth
4. Rinse with water